

**Kids' Korner™**

Specializing in Therapy  
For Infants & Children

(916) 834-1711

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## ***How B.E.S.T. Relates to Breast<sup>©</sup>*** ***(Basic Evaluation of Structural Tension)***

***Offered By***  
***Judy Terwilliger, RN (#322974), CMT (#25334)***  
***Pediatric Bowen Specialist™ (#1708)***

2.5 Contact Hours: CBRN Provider #CEP15569  
Approved for 2.5 L CERPS by the IBLCE #C1771049

This class is open to all Healthcare Professionals in the Breastfeeding,  
Maternal/Child Health & Family Support Fields



Date: Thursday, September 14, 2017

Time: 4:30 to 7:00 PM (Optional One Hour Demonstration  
Component to Follow. No Added L-CERPS)

Cost: \$75.00 per Attendee



*OBJECTIVE: Learn Structural  
Assessment Skills for  
Infants/Children  
to evaluate muscle  
tension/involvement that  
may be related to noted  
Breastfeeding Dysfunctions.  
This class will add new eyes to  
your practice and tools in your  
skill set to bring resolves.*

Location: NFBI Training Center  
4731 El Camino Avenue,  
Carmichael, CA 95608

Directions: <https://www.knowmor.org/>

For more information, please contact our  
office at (916) 834-1711 or email us  
at [officemanager@knowmor.org](mailto:officemanager@knowmor.org)

**To sign up for class, go to**  
**<https://www.knowmor.org/register>**

Printed class materials will be provided.  
Please bring paper and pencils for taking notes.

No video cameras or photography please.

*Cancellations: 48 hours cancellation notice is required*



## How B.E.S.T. Relates to Breast Course Details

**Course Synopsis:** Learn Structural Assessment Skills for Infants/Children learning to quickly evaluate for muscle tension and its involvement in noted Breastfeeding Dysfunctions and Developmental Delays. This class will add new eyes to your practice and tools in your skill set to bring resolves.

### Course Objectives:

1. Recognizing or Becoming Aware of:
  - Often unseen muscle-related structural barriers
  - Predisposing factors affecting an infant's "functional mobility"
  - Breastfeeding challenges that demonstrate Structural Dysfunction
2. Improve assessment skills of:
  - Overlooked structural manifestations
3. Gain insights into an improved evaluation process
  - Aid resolve breastfeeding difficulties for the family unit
4. Recognition of Structural Barriers with an emphasis on:
  - Self-help techniques, teaching/training parents across cultural barriers
  - When/who to refer parents/caregivers to for help

### Course Outcomes:

Be able to:

- Identify the correlation between higher than normal muscle tonus and the often structurally-related breastfeeding challenges in the infant/mother dyad.
- Identify at least three predisposing factors in a "normal" delivery that lend themselves to the hidden barriers to functional mobility.
- Recognize structural manifestations (how they present) which may need referral to assist in the resolve of related breastfeeding barriers.
- Define the following areas of Assessment, Adaptation and Intervention that are associated with these hidden structural barriers to breastfeeding.

**Class Format:** Similar to a breakout session where there is some lecture/demonstration but a lot of discussion and time allowed for questions and answers. Come and learn an essential skill.

Note: Wherever possible a live demonstration will be incorporated. Please be aware, however, that since Ms. Terwilliger is skilled to release any child whom she evaluates in class for educational purposes, she will likewise offer a therapeutic release at that time. Those students attendance whose licensure permits manipulative work on infants are welcome to ask further questions.