

Functional Bowen™ Therapy Concepts II©

Offered By
Judy Terwilliger, RN (#322974), CMT (#25334)
Advanced Functional Bowen™ Therapist

Friday, Saturday & Sunday, March 22, 23 & 24, 2019

Location: Fair Oaks Massage Institute 9833 Fair Oaks Blvd. Suite C-1 Fair Oaks, CA 95628

Time: 8:00 AM to 4:30 PM 03/22 & 03/23 / 8:00 AM to 1:00 PM 03/24

Description

Medical and Allied Health Professionals (MD, DO, DC, NP, PA, DDS, PT, OT, RN, and Clinical Rehab Managers), as well as other professionals with a license to put their hands on others such as Nurse Midwives, Massage Therapists, Dental Hygienists, and so on. Check your local city/county and/or state requirements.

Synopsis

This course is an advanced 2½ day (19 hours) intensive class designed for those already trained in the Functional Bowen™ Concept I © who want to advance their knowledge base in assessment skills and gain additional therapeutic techniques and more complex application strategies. This is the course that reviews and fine tunes what you already know and takes it to the next level. It is structured to cover more in-depth the areas (body quadrants) covered in Concepts I. The information acquired in the Concepts II class is devoted to learning advanced directed muscle release techniques, as well as addressing a more advanced approach to the rehabilitative process and/or dealing with mobility impairments. It is also lecture-based followed by ample demonstration and a time of hands-on learning with classmates (student to faculty ratio is 12:1 or less). This course includes all items listed below and references the required functional anatomy book** from the Functional Bowen™ Concepts I class. Certification of course completion is provided.

This course **requires** the following:

- Successful completion of **Functional Bowen™ Concepts I ©**
- A foundation in anatomy as direct correlation is always made in the structural application of this technique. Concepts taught will be clinically approached with a scientifically-based focus
- A waiver of participation is required for the hands-on portion
- Purchase and have available during class the book** by Christy Cael: Functional Anatomy – Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists, Lippincott Williams & Wilkins, 2011, ISBN 9781609138363

Objectives

Participants will be able to:

- Verbally demonstrate advanced knowledge of the interrelationship between patients' medical history, lifestyle choices, their presenting posture as assessed, and the outcomes seen in muscle pattern dysfunctions noted with associated pain pathways.
- Demonstrate advanced postural assessment techniques for the purpose of quickly evaluating interrelated structural deviations to be differentiated / identified, therapeutically addressed and evaluated for corrections observed in the moment and with follow up therapy.
- Demonstrate advanced differentiation between individual hypertonic muscles and muscle groups, identifying possible associated impingement syndromes, and learn the specifically associated structural deviations that present in these cases.
- Demonstrate an advanced understanding of muscle dysfunction patterns and related structural outcomes for the purpose of understanding how best to develop a plan of corrective action through active muscle release with passive and active range of motion, as well as therapeutic exercise.
- Demonstrate by means of direct participation the acquisition of advanced muscle release and balance skills that will assist them in actively correcting structural deviations.
- Communicate and demonstrate ongoing advanced assessment strategies for assessing muscle compliance progress and evaluating related patient/client outcomes.
- Demonstrate the use of collaborative strategies, with allied health-providers, referral resources and patient/client care advocates.

Cost

\$695.00: Full payment is due at the time of registration or **by Friday, 03/8/19**. Cancellations up through **03/15/19** will be assessed a \$100.00 administrative fee. No refunds after 03/15/19. Registration space is limited and will be handled on a first come, first served basis.

Contact Hours/CE's

A California Board of Registered Nursing Approved Provider #CEP15569, 19 Contact Hours; NCBTMB Provider #1049, 19 Contact Hours; CPTA Provider, 1.9 CE's (Pending). Full attendance is required. No partial contact hours will be issued for partial attendance.

Registration

Please use our secure automated online site at <https://www.knowmor.org/register>. You may contact our office via email at officemanager@knowmor.org or call us at (916) 834-1711 for questions.

Course Schedule

For an overview please see <https://www.knowmor.org/concepts-ii-schedule/>

Speakers Bio

Judy Terwilliger is a Registered Nurse, Certified Massage Therapist and Functional Mobility Specialist who maintains a broad base of practice spanning over three decades. She oversees a busy pain management practice in Sacramento CA, and works extensively with rehabilitation physicians to effect therapeutic change across a broad range of myofascial/muscle pattern dysfunctions. From infants to seniors she promotes functional mobility, focusing on a wellness paradigm, therapeutically utilizing a tensegrity-based modality that she has developed and teaches nationwide called The Functional Bowen Method™.

This multi-disciplined, training oriented, integrative focus is what sets her business apart from others. She and her staff of licensed therapists and practitioners work on "Incorporating Concepts in Natural Body Design & Restoration". Combining her Western Medicine background with her Complimentary Medicine studies, her focus on structure-function balance in the field of pain-management, from infants to seniors, using her Functional Bowen Method™ has seen many successes.

She currently is an active member of the National Society of Pediatric Nurses, the American College of Sports Medicine and has been a featured speaker on the subject of myofascial dysfunction assessment and resolves from Sacramento CA to Washington D.C.