

## ***Functional Bowen™ Therapy Concepts II*** ***The Pediatric Application for Health Care Professionals©***

*Offered By*



*Judy Terwilliger, RN (#322974), CMT (#25334)*  
*Advanced Functional Bowen™ Therapy Practitioner*  
*Advanced Pediatric Bowen Specialist™*



**December 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup> & 6<sup>th</sup>**

**Location: NOVA Birth Partners, LLC**  
**10560 Main Street, #409, Fairfax, VA 22030**

**Times: 8:00 AM to 5:30 PM on 12/3, 12/4 & 12/5, 8:00 AM to 12:30 PM on 12/6**

### ***Target Audience***

Medical and Allied Health Professionals (MD, DO, DDS, DC, NP, PA, RN, CNMW, PT, OT) and those whose licenses allow them to affect tissue movement as a part of their scope of practice.

### ***Description***

This course is an intensive version of the Functional Bowen™ Pediatric Application Process that has been specifically designed for those licensed Healthcare Professionals in the Breastfeeding, Maternal/Child Health & Family Support Field.

### ***Synopsis***

This course is a 3.5 day intensive packed with myo-fascial movement theory using a “global” approach to structural assessment and hands-on practice in use of The Pediatric Functional Bowen™ Method. This course teaches the clinician advance skills in working to resolve structural barriers in the mother/infant dyad who struggle with breastfeeding difficulties/dysfunctions. Further, it explores advanced assessment skills in determining those predisposing factors relating to these barriers and their possible effects on infant “functional mobility” in the achievement/retention of successful breastfeeding, normal structural development as well as meeting developmental milestones. The information acquired in this course is devoted to learning advanced muscle release techniques in this patient population. It is lecture based with ample demonstration and practice with classmates (student to faculty ratio is 12:1 or less).

### ***Objectives***

The following objectives will be measured by active student discussion and demonstration during hands-on participation in each practicum session of the course. Participants will be able to:

- Verbally demonstrate advanced knowledge of the interrelationship between patient’s birth/medical history including predisposing factors affecting an infant’s/child’s “functional mobility”, presenting posture as assessed to include often unseen muscle-related structural barriers and the outcomes observed in muscle pattern dysfunctions noted (i.e. breastfeeding and mobility challenges).
- Demonstrate advanced postural assessment techniques for the purpose of quickly evaluating interrelated structural deviations to be differentiated/identified, therapeutically addressed and evaluated for corrections observed in the moment and with follow up therapy.
- Demonstrate advanced differentiation between individual hypertonic muscles and muscle groups, identifying possible associated impingement syndromes, and learn the specifically associated structural deviations that present in these cases.

- Demonstrate an advanced understanding of muscle dysfunction patterns and related structural outcomes for the purpose of understanding how best to develop a plan of corrective action through active muscle release with passive and active range of motion, as well as suggested parent-based home therapeutic exercise.
- Demonstrate by means of direct participation, the acquisition of advanced muscle release and balance skills that will assist in actively correcting structural deviations.
- Communicate and demonstrate ongoing advanced assessment strategies for assessing muscle compliance progress and evaluating related patient/client outcomes.
- Demonstrate the use of collaborative strategies with parents/caregivers, allied health providers, referral resources, and patient/client care advocates.

## Cost

**\$879.00:** Price includes all course materials.

**Reference Materials:** Students will be provided access to the following textbook for the duration of the class as a reference. No additional separate purchase is necessary as these books will be on loan for classroom use.

Title: Christy Cael: Functional Anatomy – Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists, Lippincott Williams & Wilkins, 2011, ISBN 9781609138363. Further a separate course handbook is provided for each student attending as part of their registration fee.

**Suggested Resource:** It is suggested that students gain access to this reference or another Pediatric Developmental Anatomy & Physiology resource. Chamley, Carol, E.d.D. M.Ed.BA.RN: Developmental Anatomy and Physiology of Children: A Practical Approach, Elsevier Limited, 2005, ISBN-13 9780443073410, ISBN-10 0443073414

## Contact Hours/CE's

**A California Board of Registered Nursing Approved Provider #CEP15569, 28 Contact Hours; NCBTMB Provider #1049, 28 Contact Hours; CPTA Provider, 2.8 CE's #18-384, IBLCE L-CERPS, 8 Hours (pending).** Full attendance is required. No partial contact hours will be issued for partial attendance.

**Registration:** Please use our secure automated online site at <https://www.knowmor.org/national-functional-bowen-institute/class-schedule/> You may also email your questions to [officemanager@knowmor.org](mailto:officemanager@knowmor.org). or contact us at (916) 834-1711. Full payment is due at the time of registration or by Monday, 11/26/18. Cancellations up through 11/30/18 will be assessed a \$100.00 administrative fee. No refunds after 11/30/18. Registration space is limited and will be handled on a first come first served basis. **PLEASE DO NOT CALL THE SPONSORING ENTITY.**

**Course Schedule:** For an overview please see <https://www.knowmor.org/concepts-ii-peds-schedule/>

## Speakers Bio

*Judy Terwilliger is a Registered Nurse, Certified Massage Therapist and Functional Mobility Specialist who maintains a broad base of practice spanning over three decades. She oversees a busy pain management practice in Sacramento CA, and works extensively with rehabilitation physicians to effect therapeutic change across a broad range of myofascial/muscle pattern dysfunctions. From infants to seniors she promotes functional mobility, focusing on a wellness paradigm, therapeutically utilizing a tensegrity-based modality that she has developed and teaches nationwide called The Functional Bowen Method™.*

*This multi-disciplined, training oriented, integrative focus is what sets her business apart from others. She and her staff of licensed therapists and practitioners work on "Incorporating Concepts in Natural Body Design & Restoration". Combining her Western Medicine background with her Complimentary Medicine studies, her focus on structure-function balance in the field of pain-management, from infants to seniors, using her Functional Bowen Method™ has seen many successes.*

*She currently is an active member of the National Society of Pediatric Nurses, the American College of Sports Medicine and has been a featured speaker on the subject of myofascial dysfunction assessment and resolves from Sacramento CA to Washington D.C.*