

Functional Bowen™ Therapy Concepts I©

Offered By
Judy Terwilliger, RN (#322974), CMT (#25334)
Advanced Functional Bowen™ Therapist

Friday, Saturday & Sunday, April. 26, 27 & 28, 2019

Location:
Potomac Massage Therapy Institute
8380 Colesville Rd #600
Silver Spring, MD 20910

Time: 8:00 AM to 5:30 PM on 04/26 & 27/27 / 8:00 AM to 4:30 PM on 04/28

Description

Medical and Allied Health Professionals (MD, DO, DC, NP, PA, DDS, PT, OT, RN, and Clinical Rehab Managers), as well as other professionals with a license to put their hands on others such as Nurse Midwives, Massage Therapists, Dental Hygienists, and so on. Check your local city/county and/or state requirements.

Synopsis

This course is a 3-day (23 hours) intensive class designed for those who want to learn the concepts, therapeutic techniques and process application strategies related to this method. It is an immersion in this form of therapeutic, hands-on approach to directed muscle release, related assessment skills, collaborative strategy benefits, and its effectiveness in pain management, the rehabilitative process and/or dealing with mobility impairments. It is lecture-based followed by ample demonstration and a time of hands-on learning with others in attendance. This course includes all items listed below and has a required functional anatomy book** as follows.

Additionally, this course serves as the foundational requirement for all other Functional Bowen™ Concepts classes taught. Certification of course completion is provided.

Objectives

Participants will be able to:

- Verbally demonstrate knowledge of the interrelationship between patients' medical history, lifestyle choices, their presenting posture as assessed, and the outcomes seen in muscle pattern dysfunctions noted with associated pain pathways.
- Improve upon their postural assessment techniques for the purpose of quickly evaluating interrelated structural deviations to be differentiated / identified, therapeutically addressed and evaluated for corrections observed in the moment and with follow up therapy.
- Differentiate between individual hypertonic muscles and muscle groups, identifying possible associated impingement syndromes, and learn the specifically associated structural deviations that present in these cases.
- Differentiate between muscle dysfunction patterns and related structural outcomes for the purpose of understanding how best to develop a plan of corrective action through active muscle release and passive and active range of motion, as well as therapeutic exercise.
- Demonstrate by means of direct participation the acquisition of basic muscle release and balance skills that will assist them in actively correcting structural deviations.
- Communicate and demonstrate ongoing assessment strategies for assessing muscle compliance progress and related patient/client outcomes.
- Identify the need for and articulate a plan using collaborative strategies, with allied health-providers, referral resources and patient/client care advocates.

Registration

This class has special pricing due to negotiations with PMTI which is a non-profit corporation. Please go to www.pmti.org/continuing-ed for more information or register at: www.pmti.org/registration. You may contact our office via email at officemanager@knowmor.org or call us at (916) 834-1711 for questions.

Contact Hours/CE's

A California Board of Registered Nursing Approved Provider #CEP15569, 23 Contact Hours; NCBTMB Provider #1049, 23 Contact Hours, CPTA Provider 2.3 CE's (#18-370). Full attendance is required. No partial contact hours will be issued for partial attendance.

Speakers Bio

Judy Terwilliger is a Registered Nurse, Certified Massage Therapist and Functional Mobility Specialist who maintains a broad base of practice spanning over three decades. She oversees a busy pain management practice in Sacramento CA, and works extensively with rehabilitation physicians to effect therapeutic change across a broad range of myofascial/muscle pattern dysfunctions. From infants to seniors she promotes functional mobility, focusing on a wellness paradigm, therapeutically utilizing a tensegrity-based modality that she has developed and teaches nationwide called The Functional Bowen Method™.

This multi-disciplined, training oriented, integrative focus is what sets her business apart from others. She and her staff of licensed therapists and practitioners work on "Incorporating Concepts in Natural Body Design & Restoration". Combining her Western Medicine background with her Complimentary Medicine studies, her focus on structure-function balance in the field of pain-management, from infants to seniors, using her Functional Bowen Method™ has seen many successes.

She currently is an active member of the National Society of Pediatric Nurses, the American College of Sports Medicine and has been a featured speaker on the subject of myofascial dysfunction assessment and resolves from Sacramento CA to Washington D.C.